

RECEIVED  
CENTRAL FAX CENTER

MAY 18 2007

PATENT

Attorney Docket No.:20:1586

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re application of: DeGroot, Karl

SERIAL NO: 10/774,482

FILING DATE: 02/10/2004

FOR: Fixed Dumbbell

Group Art Unit:3764

Examiner: Victor K. Hwang

RESPONSE TO FIRST OFFICE ACTION

Assistant Commissioner for Patents

Washington, D.C. 20231

Sir:

In response to the first official action dated December 22, 2006, please amend the above identified patent application and give consideration to the following remarks with respect to the above-identified patent application as follows:

***In the Claims:***

Please delete claims 1 to 20 and please add new claims 21 to 24, as specified in the recitation of the claims below.